

Costa Rican Longevity and Healthy Aging Study

<https://neurodegenerationresearch.eu/cohort/costa-rican-longevity-and-healthy-aging-study/>

Cohort Acronym

CRELES

Cohort type

General population-based cohort

Disease

Participant type

No diagnosis

Profile

Recruitment Period 2006

Sample size at start or planned sample size if still recruiting 1,550

Estimated Current Sample Size 0 to 4,999

Age at Recruitment >60

Gender Male and Female

Abstract

The Costa Rican Longevity and Healthy Aging Study (CRELES) is a nationally representative longitudinal survey of health and lifecourse experiences of 2,827 Costa Ricans ages 60 and over in 2005. Baseline household interviews were conducted between November 2004 and September 2006, with 2-year follow-up interviews.

The main study objective was to determine the length and quality of life, and its contributing factors in the elderly of Costa Rica.

CRELES uses public data files containing information on a broad range of topics including self-reported physical health, psychological health, living conditions, health behaviours, health care utilization, social support, and socioeconomic status. Objective health indicators include anthropometrics, observed mobility, and biomarkers from fasting blood and overnight urine. Mortality events are tracked and conditions surrounding death are measured in a surviving family interview (longitudinal follow-up data are not yet publicly available).

Country Costa Rica

Contact details

Institution name University of Costa Rica

Website <http://www.creles.berkeley.edu/>

Principal Investigator (PI) Dr Luis Rosero-Bixby

Contact email creles@ccp.ucr.ac.cr PI Email: lrosero@ccp.ucr.ac.cr; wdow@berkeley.edu

Contact phone number

Funders (Core support) Wellcome Trust

Variables Collected

Brain related measures:

N/A

Functional rating:

Individual physiological, Individual psychological

Anthropometric:

Blood pressure, Height, Hip circumference, Waist circumference, Weight

Physical:

Cardiovascular, Hearing and Vision, Musculoskeletal, Reproductive, Respiratory

Biological samples:

Blood, Urine

Genotyping:

N/A

Brain imaging:

N/A

Brain banking:

N/A

Lifestyle:

Alcohol, Dietary habits, Physical activity, Smoking

Socio-economic:

Education, Ethnic group, Family circumstances, Housing and accommodation, Income and finances, Informal support, Marital status, Occupation and employment

Health service utilisation:

N/A