# Internet-based Students HeAlth Research Enterprise

https://neurodegenerationresearch.eu/cohort/internet-based-students-health-research-enterprise/

#### **Cohort Acronym**

I-Share

### Cohort type

General population-based cohort

#### Disease

Participant type No diagnosis

#### Profile

Recruitment Period 2013-2018 Sample size at start or planned sample size if still recruiting 18,800 Estimated Current Sample Size Age at Recruitment >18 Gender Male and Female Abstract

i-Share (Internet-based Students HeAlth Research Enterprise) is a new open and prospective cohort on university students' health. Participants are registered in the first years of study initially with the Universities of Bordeaux and Versailles-Saint-Quentin many many other French universities are now participating. Students are followed up with yearly assessments.

The study sets 2 main types of objectives:

1. Evaluate the frequency and impact of several diseases that may have immediate or short-term consequences on health and well-being (e.g. stress and depression, migraine, sexually transmitted infectious diseases, etc.).

2. Biomedical research objectives on the determinants of diseases. We have set up a cerebral MRI study and biobank on a sample of about 2000 participants including DNA and RNA.

Country France Contact details Institution name University of Bordeaux Website http://www.i-share.fr/ Principal Investiator (PI) Christophe Tzourio and Didier Guillemot Contact email contact@i-share.fr; PI Email: christophe.tzourio@u-bordeaux.fr; didier.guillemot@pasteur.fr Contact phone number Funders (Core support) National Research Agency for Investments for the Future European Research Council Ministry of Health (PHRC)

## **Variables Collected**

**Brain related measures:** N/A **Funtional rating:** Individual psychological Anthropometric: Blood pressure, Height, Weight Physical: N/A **Biological samples:** N/A **Genotyping:** N/A **Brain imaging:** Magnetic resonance imaging (MRI) Brain banking: N/A Lifestyle: Alcohol, Dietary habits, Physical activity, Smoking Socio-economic: N/A Health service utilisation: N/A