

# The Australian Longitudinal Study of Ageing

<https://neurodegenerationresearch.eu/cohort/the-australian-longitudinal-study-of-ageing/>

## Cohort Acronym

ALSA

## Cohort type

General population-based cohort

## Disease

## Participant type

No diagnosis

## Profile

Recruitment Period 1992

Sample size at start or planned sample size if still recruiting

Estimated Current Sample Size

Age at Recruitment >65

Gender Male and Female

Abstract

The Australian Longitudinal Study of Ageing (ALSA) is the centrepiece research activity of the Flinders Centre for Ageing Studies. The ALSA commenced in 1992 with 2087 participants aged 65 years or more. At Baseline, a comprehensive personal interview and assessment of neuropsychological and physiological functions was undertaken at each person's home, supplemented by self-completed questionnaires, biochemistry, and additional clinical studies of physical function. The final wave (Wave 13) of data collection was carried out in 2014.

The general purpose of the ALSA study is to gain further understanding of how social, biomedical and environmental factors are associated with age related changes in health and well-being of persons aged 70 years and over. Emphasis is given in the overall study to defining and exploring the concept of healthy, active ageing, particularly in a South Australian context.

*Last Update 21/09/2017*

Country Australia

## Contact details

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## Variables Collected

### **Brain related measures:**

Behaviour, Cognitive function, Mental health, Neurological

### **Functional rating:**

Individual physiological, Individual psychological

### **Anthropometric:**

Blood pressure, Height, Waist circumference, Weight

### **Physical:**

Cardiovascular, Hearing and Vision, Musculoskeletal, Reproductive, Respiratory

### **Biological samples:**

Blood

### **Genotyping:**

N/A

### **Brain imaging:**

N/A

### **Brain banking:**

N/A

### **Lifestyle:**

Alcohol, Dietary habits, Physical activity, Smoking

### **Socio-economic:**

Education, Ethnic group, Family circumstances, Housing and accommodation, Income and finances, Informal support, Marital status, Occupation and employment, Unpaid care

### **Health service utilisation:**

Formal health and social care service utilisation including private care