# The Gipuzkoa Alzheimer Project Study

https://neurodegenerationresearch.eu/cohort/the-gipuzkoa-alzheimer-project-study/

## **Cohort Acronym**

**GAP** 

## **Cohort type**

Neurodegenerative disease-specific cohort

#### **Disease**

Alzheimer's disease, Frontotemporal dementia, Mild cognitive impairment (MCI), Subjective memory complaints (SMC) or subjective cognitive decline (SCD), Vascular dementia

## Participant type

At-risk diagnosis

#### **Profile**

Recruitment Period May 11-Dec 12
Sample size at start or planned sample size if still recruiting 230
Estimated Current Sample Size 0 to 4,999
Age at Recruitment 40-80
Gender Male and Female
Abstract

The Gipuzkoa Alzheimer Project (PGA) is a longitudinal study on pre-clinical Alzheimer's disease. This study aims to investigate the prevalence, clinical, cognitive and neuroimaging features and potential risk factors related to cardiovascular health and lifestyles for pre-clinical AD in asymptomatic (or very mildly symtopmatic, e.g. SCD) subjects from the community.

Follow-up Scheduled every 3 years for a minimum of 12 years. The first 3-year follow-up was completed in June 2015. The loss of subjects in the follow up was 9 %. 80% of people who donated cerebrospinal fluid at the baseline visit did the same in this follow-up visit. Second follow-up visit (6 yrs) to be started in April 2017.

Last update: 16/01/2017

#### Country Spain

#### **Contact details**

Institution name Fundación CITA-Alzheimer Fundazioa

Website http://www.cita-alzheimer.org/projects/gipuzkoa-alzheimer-project-basque-cohort

Principal Investiator (PI) Dr. Pablo Martinez-Lage

Contact email PI Email: pmlage@cita-alzheimer.org

Contact phone number +34 (0) 943021792

Funders (Core support) Fundacion Cita-Alzheimer Fundazioa Basque Government Gipuzkoa Local Government Kutxa Fundazioa

## **Variables Collected**

#### **Brain related measures:**

Mental health

# **Funtional rating:**

Individual physiological, Individual psychological

# **Anthropometric:**

Blood pressure, Height, Hip circumference, Waist circumference, Weight

# Physical:

Cardiovascular

# **Biological samples:**

Blood, Urine

# **Genotyping:**

N/A

# **Brain imaging:**

Magnetic resonance imaging (MRI), Magnetic resonance spectroscopy (MRS)

# **Brain banking:**

N/A

# Lifestyle:

Alcohol, Dietary habits, Physical activity, Smoking

#### Socio-economic:

N/A

# **Health service utilisation:**

N/A