

The Milan Geriatrics 75+ Cohort Study

<https://neurodegenerationresearch.eu/cohort/the-milan-geriatrics-75-cohort-study/>

Cohort Acronym

Milan Geriatric 75+

Cohort type

General population-based cohort

Disease

Alzheimer's disease, Dementia (unclassified), Frontotemporal dementia, Lewy body disease, Mild cognitive impairment (MCI), Parkinson's disease, Subjective memory complaints (SMC) or subjective cognitive decline (SCD), Vascular dementia

Participant type

No diagnosis

Profile

Recruitment Period 2000-2004

Sample size at start or planned sample size if still recruiting

Estimated Current Sample Size

Age at Recruitment >75

Gender Male and Female

Abstract

Current evidence on older adults is derived from population-based cohort studies and randomized controlled trials, which may not include frail individuals. Data are lacking on older outpatients, a potentially diverse population. To bridge the gap between current evidence and clinical practice needs, the Milan Geriatrics 75+ Cohort Study was designed as an observational hospital-based outpatient cohort study. This study included 1861 new consecutive outpatients aged ≥75 years who attended a first comprehensive visit at the Geriatric Unit of 'I.R.C.C.S. Ca' Granda' in Milan, Italy, in the period between January 3, 2000 and March 25, 2004. These participants routinely underwent an extensive standardized structured medical examination and comprehensive geriatric assessment with trained physicians. At baseline, data were collected on reason for referral, demographics, physiological anamnesis, past and present medical history and medication use. Moreover, medical examination and anthropometric measurements were performed. Cognitive function was assessed using the 30-item Mini-Mental State Examination (MMSE). Functional status was evaluated using Katz' Activities of Daily Living (ADL) and Lawton' Instrumental Activities of Daily Living (IADL) questionnaires. At 10-year follow-up, all-cause mortality was assessed by collecting data from the Register Office of Milan or other town of residence.

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Country Italy

Contact details

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Funders (Core support) Universit' degli Studi di Milano

Variables Collected

Brain related measures:

Cognitive function, Mental health, Neurological

Functional rating:

Individual psychological

Anthropometric:

Blood pressure, Height, Weight

Physical:

Cardiovascular, Hearing and Vision, Musculoskeletal, Respiratory

Biological samples:

N/A

Genotyping:

N/A

Brain imaging:

N/A

Brain banking:

N/A

Lifestyle:

Alcohol, Smoking

Socio-economic:

Education, Occupation and employment

Health service utilisation:

N/A