

Cognitive rehabilitation for Parkinsons disease dementia: a pilot

<https://neurodegenerationresearch.eu/survey/cognitive-rehabilitation-for-parkinsons-disease-dementia-a-pilot/>

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United Kingdom

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Cognitive rehabilitation for Parkinsons disease dementia: a pilot

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2

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Research Abstract

Parkinson's disease is a common condition that causes problems with movement. It also causes memory problems which can develop into dementia. People with a similar condition called Dementia with Lewy Bodies also have memory and movement problems. For both conditions drugs are the main form of treatment but are limited by side-effects and not everyone can take them. There is growing interest in developing treatments that do not use drugs so that more people with memory problems may receive these treatments. A treatment which focuses on improving memory has been shown to be useful in Alzheimer's disease but

there are no studies that have used the same treatment with people with Parkinson's disease or people with Dementia with Lewy Bodies. This study aims to find out whether this treatment can improve memory performance in people with Parkinson's disease and Dementia with Lewy Bodies. To make sure that the treatment is useful, people with Parkinson's disease or people with Dementia with Lewy Bodies will receive either the treatment which focuses on improving memory, a form of relaxation therapy or just carry on with their usual drug treatment. Everyone who takes part in the study will choose up to three activities or problems that trouble them and that they wish to improve. The measure of success of the treatment will be based mainly on the peoples' experiences and satisfaction with their success in achieving their own aims. A number of other measures of success will also be used. The information from the study will be assessed to decide on the effectiveness of the treatment compared with relaxation therapy and treatment as usual. The results will help design larger studies of non-drug treatments that improve memory so that more people with Parkinson's disease or Dementia with Lewy Bodies can benefit.

Further information available at:

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