

# Longitudinal Urban Cohort Ageing Study

<https://neurodegenerationresearch.eu/survey/longitudinal-urban-cohort-ageing-study/>

## Title of the cohort

Longitudinal Urban Cohort Ageing Study

## Acronym for cohort

LUCAS

## Name of Principal Investigator

Title Dr.

First name Ulrike

Last name Dapp

## Address of institution where award is held

Institution Albertinen-Haus, Centre for Geriatrics and Gerontology, Research Department

Street Address Sellhopsweg 18-22

City Hamburg

Postcode 22459

## Country

Germany

## Website

[www.geriatrie-forschung.de](http://www.geriatrie-forschung.de)

## Contact email

[forschung@albertinen.de](mailto:forschung@albertinen.de)

## Funding source

1. The cohort includes, or expects to include, incidence of the following conditions

### 1. The cohort includes, or expects to include, incidence of the following conditions

- Alzheimer's disease and other dementias
- Neurodegenerative disease in general

## When studies on the above condition(s) are expected to become possible

Already possible

## 2a. Stated aim of the cohort

To enlighten the black box of the ageing process by establishing a longitudinal cohort making use of a

randomised controlled trial (RCT) carried out in 2000 with over 3,300 independent senior citizens in the community of Hamburg. Information about pre-clinical markers for healthy ageing vs. the development of functional decline, has been collected multidimensionally in an interdisciplinary process since 2000.

## **2b. Features distinguishing this cohort from other population cohorts**

### **3a. i) Number of publications that involve use of cohort to date**

0

### **3a. ii) Up to three examples of studies to date (PI, Institution, Title of Study)**

### **3b. Publication list/link to where data or publications are accessible (if available)**

### **3c. Information (i.e. research findings) expected to be gained from the population cohort**

### **4a. Study criteria: age range of participants at recruitment**

Age in years from: 60

To ('until death' if applicable): 98

### **4b. Study criteria: inclusion criteria**

patients 60 + years in participating general practices (GP) in Hamburg in year 2000

### **4c. Study criteria: exclusion criteria**

patients needing help in basic activities of daily life; patients obtaining nursing care according to the German long-term care insurance (Pflegeversicherung I-III); patients with cognitive impairment; patients with terminal disease and/or patients unable to understand German

## **5. Size of the cohort (i.e. number of participants enrolled)**

1,000 – 5,000 participants

## **6a. Measures used to characterise participants**

multidimensional dataset using self-administered questionnaires in waves with whole cohort plus multidimensional assessments with randomly selected subgroups

### **6b. Additional measures for participants with a clinical disorder**

### **6c. Are there defined primary and secondary endpoints (e.g. defined health parameters)**

functional status, nursing care (Pflegestufe), death

## **7. Study design**

Longitudinal

## **8. Cases matched by**

- Age
- Sex
- Physical ability

## **9a. Does the study include a specialised subset of control participants**

Yes

**9b. If yes, description of specialised subset of control participants**

**10a. i) Data collection start date**

01-12-2000

**10a. ii) Data collection end date**

**10a. iii) Data collection for this study is**

- Data collection ongoing
- Data analysis ongoing

**10b. Plans to continue the cohort study beyond the current projected end date**

- Yes – intend to apply for funding

**11. Data collected**

**12. System in place to enable re-contact with patients for future studies**

**13a. Format and availability of data stored in a database**

Language used:

**13b. Format and availability of data held as individual records**

Language used:

**14a. Are data available to other groups**

Yes

**14b. Access policy/mechanisms for access if data are available to other groups**

- Other criteria (please specify)
- only for LUCAS consortium partners until end of funding

**15. Data sharing policy specified as a condition of use**

Data made publicly available after a specified time point

**16a. Are tissues/samples/DNA available to other groups**

No

**16b. i) Description of available tissues/samples/DNA**

**16b. ii) Form available tissues/samples/DNA are supplied in**

**16b. iii) Is the access policy/mechanism for obtaining samples the same as that for obtaining data**

**17. Is information on biological characteristics available to other groups**

- No