Meeting the support needs of family carers of people living with dementia in the community: Potential translation into practice

https://neurodegenerationresearch.eu/survey/meeting-the-support-needs-of-family-carers-of-people-living-with-dementia-in-the-community-potential-translation-into-practice/

Principal Investigators

Susan Slatyer

Institution

Curtin University

Contact information of lead PI Country

Australia

Title of project or programme

Meeting the support needs of family carers of people living with dementia in the community: Potential translation into practice

Source of funding information

Alzheimer's Australia Dementia Research Foundation

Total sum awarded (Euro)

€ 34,196

Start date of award

01/01/2015

Total duration of award in years

Keywords

Research Abstract

Family carers of people with dementia can experience significant stress and consequent poor health. The Carer Support Needs Assessment Tool is a questionnaire that is used within the context of a person-centred approach. The approach was developed for use in palliative care to help family carers identify and prioritise their needs and access appropriate support. In a recent trial in home-based palliative care, use of this approach resulted in a significant reduction in

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carer strain. This project aims to translate the approach for use in home-based care for people with dementia. Community care coordinators from one aged-care provider are implementing the approach with 35 family carers. Family carers' and care providers' perspectives are being evaluated. If found to be useful, this innovative practice change offers a novel way for community-based health care providers to engage with family carers of people with dementia and empower them to sustain their caregiving role.

Further information available at:

https://www.dementiaresearchfoundation.org.au/researchers/susan-slatyer

Types: Investments < €500k

Member States: Australia

Diseases: N/A

Years: 2016

Database Categories: N/A

Database Tags: N/A