# SAMS – Software Architecture for Mental health Self management

https://neurodegenerationresearch.eu/survey/sams-software-architecture-for-mental-health-self-management/ Principal Investigators

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**United Kingdom** 

### Title of project or programme

SAMS - Software Architecture for Mental health Self management

## Source of funding information

EPSRC

Total sum awarded (Euro)

€ 336,912

Start date of award

01/04/2013

### Total duration of award in years

3.5

#### Keywords Research Abstract

"SAMS is a proposed 3-year project to that will investigate the potential for novel data and text mining techniques for detecting subtle signs of Cognitive Dysfunction that may indicate the early stages of Alzheimer's disease. Promoting self-awareness of change in cognitive function is will investigate the potential for novel data and text mining techniques for detecting subtle signs of change in cognition that may indicate the early stages of Alzheimer's disease. Promoting self-awareness of change in cognition that may indicate the early stages of Alzheimer's disease. Promoting self-awareness of change in cognitive function is a key step in encouraging people to self-refer for clinical evaluation. A key motivation for SAMS, therefore, is to provide a non-invasive tool that helps develop such self-awareness.

An increasing number of older people, the group most at risk of cognitive dysfunction and

dementia, regularly use the Internet to keep in touch with their families, particularly grandchildren. This Internet activity presents an opportunity to harness rich, routinely available information that may contain indications of changes in the linguistic, executive and motor speed abilities in older people.

Development work is needed to develop the software to harness this opportunity, to establish the optimal thresholds for flagging up important changes in cognition and the optimal methods for feeding this information back to individuals. SAMS will validate thresholds by examining changes in performance in people with established cognitive dysfunction and mild Alzheimer's disease and begin to explore the potential for technology-enhanced detection of early cognitive dysfunction. Patterns of computer use and content analysis of e-mails, such as forgetting topics, expressions of concern, emotion, etc., will be analysed and coupled to feedback mechanisms to enhance users' cognitive self awareness, empowering them self administer follow up tests and decide when to self refer themselves for expert medical advice.

Tackling cognitive change detection requires the novel pooling of knowledge and integration of techniques from different sub-disciplines within a Computer Science. In addition to developing techniques for MCI detection and supporting self-referral, an explicit goal of the research is to develop a generic sense making and user-centred feedback architecture. This could be applied to a wide range of problems where interpreting computer use may be appropriate, e.g. mental health, social loneliness, privacy and social exploitation."

## Further information available at:

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